

## Charitable Pharmacy of Central Ohio

BRIDGING THE GAP



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*The Charitable Pharmacy of Central Ohio*  
200 E. Livingston Avenue  
Columbus, Ohio 43215  
Phone: 614-227-0301  
Fax: 614-227-0387  
[charitablepharmacy@gmail.com](mailto:charitablepharmacy@gmail.com)  
[www.charitablepharmacy.org](http://www.charitablepharmacy.org)  
Mon., Tues., Thurs., and Fri. 8:00 - 3:30

# NEWSLETTER

*Everyone here is real nice and they help me to understand all of my medications and their side effects, how they help, and how to take them. Getting the information here helps me talk to my doctor and decide how things are working. I've started a folder to keep track of and manage my health. I'm not sure what I'd do without the pharmacy. My Lipitor is \$500 a month to treat my high cholesterol. There's no way I could pay for that myself.*



## Pharmacy Chosen for Good4Growth Pilot

Healthy food, creative play, and a caring, nurturing environment are essential to the growth and development of children. Research has shown that with these three components provided by any adult caregiver, a child will grow to be a healthier, better learner with greater success in school and in life. To help share this message, the Cardinal Health Foundation, in partnership with the Ohio Chapter of the American Academy of Pediatrics (OAAP) and the Columbus Health Department, has developed Good4Growth.



This new program provides parents, caregivers, or anyone that touches the life of a child with practical tools and tips for creating a happy, healthy environment for kids. Thanks to generous

support from the Cardinal Health Foundation, patients at the Charitable Pharmacy who are parents or serve as caregivers have the opportunity to hear about this program and discuss ways to incorporate healthy snacks, creative play, and a nurturing environment into their interactions with the children whose lives they touch. In addition, pharmacy staff shares information about safe medication use.

## Our Mission

The Charitable Pharmacy's primary mission is to provide affordable and appropriate pharmacy services and coordinate access to health care for people who are vulnerable in our community.

## Our Staff

Allan Zaenger  
*Executive Director/Pharmacist*

John Ahler  
*Pharmacist*

Melanie Boyd  
*Development Director*

Kristin Casper  
*Pharmacist/OSU Shared Faculty*

Holly Fahey  
*Pharmacist*

Andrew Faiella  
*Resident Pharmacist*

Erin Gordon  
*Pharmacy Technician*

Mariellyn Dunlap Grace  
*Patient Services Coordinator*

Cathy Hammett  
*Pharmacy Technician*

Lisa Jacob  
*Resident Pharmacist*

Laura Poling  
*Pharmacy Technician*

Tara Schiller  
*Pharmacy Technician*

Jenni Seifert  
*Pharmacist*

Regina Thomas  
*Pharmacy Technician*

Jim Tiedt  
*Receptionist*

Henrietta White-Hoard  
*Patient Services Coordinator*

## Emphasis on Good Nutrition is Critical



Irene Conn has joined the pharmacy team as a dietetic intern from the School of Health and Rehabilitation Sciences at The Ohio State University. Conn is writing her thesis on the nutritional needs of our patients and how we can help them to develop healthier eating habits. Part of her

work will be to add a nutritional assessment as part of our patient consultations. "I'll be working with the interns to determine how much they know about nutrition, how frequently they are asking patients about their eating habits, how confident they are in delivering information on healthy eating, and what resources they are using," Conn says. "Our patients face many challenges. Maybe they only have a microwave or a mini fridge. Maybe the mother works three jobs, has three children to care for, and simply doesn't have time to cook," she explains.

## Residents Drawn to Make a Difference

Andrew Faiella and Lisa Jacob are bringing passion and purpose to their work at the Charitable Pharmacy. Upon completion of their Pharm.D. degrees at The Ohio State University and Ohio Northern University, respectively, each chose to undertake a residency prior to joining the workforce. Following a competitive national application and placement process to determine "best fit", they chose the pharmacy for the next leg of their professional journey.

"It's more than just a job," Jacob says. "In general if you ask someone why they chose to become a pharmacist, they say they wanted to help people. Being in a place like this, you get the opportunity to have a huge impact on the lives of an underserved population. I read through patient charts when I first came, and it was clear it's the little things--a referral, a conversation--that made a difference."

## Pharmacist Featured in National Magazine

Pharmacist Jenni Seifert, M.S., R.Ph., was featured in a recent article on our residency program in Drug Topics magazine. You can read the full article at [drugtopics.modernmedicine.com/drug-topics/news/pharmacy-residents-find-competitive-edge](http://drugtopics.modernmedicine.com/drug-topics/news/pharmacy-residents-find-competitive-edge).